

## **Palate & Ply Breakfast** (Mon-Friday 6.30am-11.30am)

**Brekkie Fritters**, Chef's fritters of the day, poached egg, bacon, avocado, tomato chilli jam  
**\$18.50**

**Eggs Benedict with Bacon**, free range poached eggs, baby spinach, hollandaise, toasted damper roll \*gfo **\$17.50**

**Eggs Benedict with Ham**, free range poached eggs, ham, baby spinach, hollandaise, toasted damper roll \*gfo **\$17**

**Eggs Benedict Vegetarian** – free range poached eggs, mushroom, roast tomato, roast pumpkin, hollandaise, toasted damper roll **\$17 \*vg**

**Just Eggs** - Free range eggs, sourdough **\$11.50 \*gfo** (Add sauce or relish \$1.00)

**Bacon & Eggs**, bacon, free range eggs, sourdough **\$15 \* gfo (Add sauce/relish \$1.00)**

**BLT**, bacon, lettuce, tomato, mayonnaise on a toasted damper roll **\$12 \*gfo**

**BLAT**, bacon, lettuce, avocado, tomato mayonnaise on a toasted damper roll **\$14 \*gfo**

**Bacon & Egg Roll**, tomato relish, BBQ or tomato sauce **\$11+ Cheese \$1.50 \*gfo**

**Breakfast Wrap**, bacon, egg, roast potato, baby spinach, egg, cheese, tomato relish **\$12.50**

**Vego Breakfast Wrap**, pumpkin, potato, baby spinach, egg, cheese, tomato relish **\$12 \*vg**

**Avocado on Sourdough**, avocado, pistachio dukkha, labneh, olive oil, garnished **\$15.50 \*gfo**

**Macqui Berry Sorbet Bowl**, house granola, seasonal fruit and berries **\$15.50 \*vg**

**Granola Brekkie bowl**, house made granola yoghurt, side of fresh fruit, milk **\$16**

**Sourdough Toast & a condiment** – jam/ peanut butter/ vegemite/ or marmalade **\$8 \*gfo/vg**

**Banana Bread**, vanilla mascarpone, local honey **\$8.70 \* vg**

**Wood-fired Fruit & Macadamia Sourdough**, vanilla mascarpone, local honey **\$9.00 \*vg**

**Ham, Cheese, Tomato** toasted on sourdough bread **\$9.50 \*gfo**

**Cheese, Tomato** toasted on sourdough bread **\$7.95 \*gfo**

**Ham & Cheese** toasted on sourdough bread **\$8.90 \*gfo**

**Chicken, Cheese & Avocado** toasted on sourdough bread **\$11.75 \*gfo**

### Sides

**Bacon \$5**

**Avocado \$4.50**

**Fetta \$3.50**

**Haloumi \$4**

**Mushroom \$4**

**Ice Cream \$1.50**

**Free Range Egg \$2.50**

**Roast Tomato \$4**

**Palate & Ply Lunch** (Mon-Fri 11.30-13.30pm)

**Club Sandwich**, chicken, bacon, lettuce, avocado, tomato, mayonnaise, toasted damper roll \$18 \*gfo

**Lunch Fritters, Chef's** fritters of the day, rocket & cherry tomato salad, haloumi, avocado, chilli jam \$18.50

**Avocado on Sourdough**, pistachio dukkha, labneh, olive oil, garnished \$15.50

**Maple Roasted Pumpkin Salad**, fetta, rocket, walnuts \$14.50

**Bacon tower**, Toasted Damper roll with bacon, cheese, fried onion, pickled cucumber and fresh tomato (choice of relish, BBQ or tomato sauce) \$15.50 \*gfo

**Basil Pesto Salad**, Bocconcini, sundried tomatoes, avocado, pesto sauce, lettuce \$15

**Summer chicken salad**, garden greens, cherry tomatoes, olives, fetta, grilled chicken, red onion, drizzled caramelized fig dressing \$16.50

**Chef's Soup of the Day**, served with sourdough toast \$14.50

**BLT**, bacon, lettuce, tomato, mayonnaise \$12 \*gfo

**BLAT**, bacon, lettuce, avocado, mayonnaise \$14 \*gfo

**Bacon & Egg Roll**, tomato relish, BBQ or tomato sauce \$11 +cheese \$1.50 \*gfo

**Ham, Cheese, Tomato** toasted on sourdough bread \$9.50 \*gfo

**Cheese, Tomato** toasted on sourdough bread \$7.95 \*gfo

**Ham & Cheese** toasted on sourdough bread \$8.90 \*gfo

**Chicken, Cheese & Avocado** toasted on sourdough bread \$11.75 \*gfo

Sides

Bacon \$5	Haloumi \$4	Free Range Egg \$2.50
Avocado \$4.50	Mushroom \$4	Roast Tomato \$4
Fetta \$3.50	Ice Cream \$1.50	Chicken \$5

**OUR HOUSEMADE DAILY SPECIALS** are displayed on the board outside-specials are subject to availability

*Fresh wraps and rolls made Monday through Friday and are on display in our fridge. (Choose to have them Fresh or Toasted-\$10.50 each)*

*House made Desserts and cakes on display in the cake fridge*

## **Palate & Ply**

## **Saturday Menu**

**Fritters**, Chef's fritters of the day, poached egg, bacon, avocado, tomato chilli jam **\$18.50**

**Eggs Benedict with Bacon**, free range poached eggs, baby spinach, hollandaise, toasted damper roll **\*gfo \$17.50**

**Eggs Benedict with Ham**, free range poached eggs, baby spinach, hollandaise, toasted damper roll **\*gfo \$17**

**Eggs Benedict Vegetarian** – free range poached eggs, mushroom, roast tomato, roast pumpkin **\$17 \*vg**

**Just Eggs** - Free range eggs, sourdough **\$11.50 \*gfo** (Add sauce or relish \$1.00) Poached/fried

**Bacon & Eggs**, bacon, free range eggs, sourdough **\$15 \* gfo (Add sauce/relish \$1.00)**

**BLT**, bacon, lettuce, tomato, mayonnaise **\$12 \*gfo**

**BLAT**, bacon, lettuce, avocado, tomato mayonnaise **\$14 \*gfo**

**Bacon & Egg Roll**, tomato relish, BBQ or tomato sauce **\$11+ Cheese \$1.50 \*gfo**

**Bacon tower**, Toasted Damper roll with bacon, cheese, fried onion, pickled cucumber and fresh tomato (choice of relish, BBQ or tomato sauce) **\$15.50 \*gfo**

**Club Sandwich**, chicken, bacon, lettuce, avocado, tomato, mayonnaise, toasted damper roll **\$18 \*gfo**

**Breakfast Wrap**, bacon, egg, roast potato, baby spinach, egg, cheese, tomato relish **\$12.50**

**Vego Breakfast Wrap**, pumpkin, potato, baby spinach, egg, cheese, tomato relish **\$12 \*vg**

**Avocado on Sourdough**, pistachio dukkha, labneh, olive oil, garnished **\$15.50 \*gfo**

**Macqui berry Sorbet Bowl**, house granola, seasonal fruit and berries **\$15.50 \*vg**

**Banana Bread**, vanilla mascarpone, local honey **\$8.70 \* vg**

**Maple Roasted Pumpkin Salad**, fetta, rocket, walnuts **\$14.50 \*vg**

**Basil Pesto Salad**, Bocconcini, sundried tomatoes, avocado, pesto sauce, lettuce **\$15**

**Ham, Cheese, Tomato** toasted on sourdough bread **\$9.50 \*gfo**

**Chicken, Cheese & Avocado** toasted on sourdough bread **\$11.75 \*gfo**

### Sides

**Bacon \$5**

**Avocado \$4.50**

**Fetta \$3.50**

**Haloumi \$4**

**Mushroom \$4**

**Ice Cream \$1.50**

**Free Range Egg \$2.50**

**Roast Tomato \$4**

**Chicken \$5**