

## **Palate & Ply Breakfast** (6:30am – 11:30am Mon – Sat)

**Sourdough Toast & condiments** – jam, peanut butter, vegemite, or marmalade **\$7.00 \*gfo/vg**

**Banana Bread**, vanilla mascarpone, local honey **\$8.70 \*gfo/vg**

**Woodfired Fruit & Macadamia Sourdough**, vanilla mascarpone, local honey **\$8.70 \*vg**

**Bacon & Egg Roll**, tomato relish, BBQ or tomato sauce **\$11+ Cheese \$1.50 \*gfo**

**BLT**, bacon, lettuce, tomato, mayonnaise **\$11.50 \*gfo**

**BLAT**, bacon, lettuce, avocado, tomato mayonnaise **\$14 \*gfo**

**Breakfast Wrap**, bacon, egg, roast potato, baby spinach, egg, cheese, tomato relish **\$12**

**Vego Breakfast Wrap**, pumpkin, roast potato, baby spinach, egg, cheese, tomato relish **\$12 \*vg**

**Just Eggs** - Free range eggs, sourdough **\$11.50 \*gfo**

**Bacon & Eggs**, bacon, free range eggs, sourdough **\$15 \*gfo**

**Eggs Benedict**, free range poached eggs, baby spinach, hollandaise, toasted damper roll **\*gfo**

**W/ Bacon \$ 17.50**

**W/ Smoked Salmon \$ 19**

**Vego option - Mushroom, roast tomato, roast pumpkin \$17**

**Avocado on Sourdough**, pistachio dukkha, labneh, olive oil, watercress **\$15.50 \*gfo/vg/dfo**

**Zucchini & Corn Fritters**, poached egg, bacon, avocado, tomato chili jam **\$18.50 \*df**

**Acai Sorbet Bowl**, house granola, seasonal fruit and berries **\$15.50 \*vg**

### Toasties

Ham + Cheese + Tomato \$9.50 \*gfo

Cheese + Tomato \$6.90 \*gfo/vg

Ham + Cheese \$7.90 \*gfo

Chicken +Cheese+ Avo \$11.50 \*gfo

### Sides

Bacon \$5 / Smoked Salmon \$6

Halloumi \$6 / Free Range Egg \$3.00

Avocado \$4.50 / Mushroom \$4

Roast Tomato \$4 / Fetta \$4

Ice Cream \$1.50 / Yoghurt \$3

### The Kids (Under 12 years only)

Egg + Toast \$6.50 \*gfo

Bacon + Egg + Toast \$ 8.50 \*gfo

Waffle + Ice cream + Maple \$9.50 \*vg

Fruit + Yoghurt \$9 \*vg

## **Palate & Ply Lunch** (11:30am – 1.30pm Mon – Fri)

**Club Sandwich**, chicken, bacon, lettuce, avocado, tomato, mayonnaise, toasted damper roll **\$18 \*gfo**

**Zucchini & Corn Fritters**, rocket & cherry tomato salad, haloumi, avocado, chili jam **\$18.50 \*vg**

**Maple Roasted Pumpkin Salad**, fetta, rocket, walnuts **\$14 \*vg**

**Avocado on Sourdough**, pistachio dukkha, labneh, olive oil, watercress **\$15.50 \*vg, gfo**

**Roasted Sweet Potato & Brown Rice Salad**, kale, cranberries, pecans, house dressing **\$17 gf, V**

**Thai Pumpkin Soup**, coconut milk, coriander, fried shallots, sourdough toast **\$14 \*vg**

**Nasi Goreng**, Indonesian fried rice, fresh tomato, beansprouts, coriander, fried egg **\$15**

**with chicken \$19**

**BLT**, bacon, lettuce, tomato, mayonnaise **\$11.50 \*gfo**

**BLAT**, bacon, lettuce, avocado, mayonnaise **\$14 \*gfo**

**Bacon & Egg Roll**, tomato relish, BBQ or tomato sauce

**\$11 +cheese \$1.50 \*gfo**

### **Toasties**

**Ham + Cheese + Tomato \$9.50 \*gfo**

**Cheese + Tomato \$6.90 \*gfo**

**Ham + Cheese \$7.90 \*gfo**

**Chicken + Avocado + Cheese \$11 \*gfo**

## Sides

**Bacon \$5 / Smoked Salmon \$6**

**Halloumi \$6 / Chicken \$5**

**Avocado \$4 / Fetta \$4**

*\*Check out our Display Fridge\**

*Fresh wraps and rolls made daily*

*(Fresh or Toasted-\$10.50 each)*

*House Made Sweets & Treats*

## The Kids (UNDER 12 years only)

**Kids Chicken Burger \$10.50 \*gfo**

Chicken, lettuce, tomato, mayonnaise

**Grilled Cheese & Vegemite Toast \$7.50**

**Legend: \*gfo=gluten free option - extra fee applies**

**\*gf=Gluten Free \*vg=vegetarian \*V=Vegan ...**

Please note that the menu may change occasionally in the café', and remember to look at our daily special on the blackboards

Public holiday surcharges apply